

# Comparing GEMS® with other Global Measures of Function

Teepa Snow's GEMS®    Global Deterioration Scale    Functional Assessment Stages    Allen Cognitive Scale    Alzheimer's Association Rating Scale  
 World Health Org Disability Assess Schedule    Global Assessment of Function    Rio Los Amigos Scaale    Minimum Data Set    Developmental Comparisons

GEMS®	GDS Stage	FAST Stage	Allen Scale of Cognitive Level & Modes	Alzheimer's Association	DSM V – GAF Scale	RLA Scale	MDS	DSC
<b>Sapphire</b>	1 or 2	1 or 2	High 5-6 (Planning New Activity)	Normal	71-100	9-10	Independent	25+ years
<b>Diamond</b>	2 or 3	3	Low 5 (New Learning Activity)	MCI*	61-70 51-60	7-8	Supervised Independent	Teens to early 20s
<b>Emerald</b>	3 or 4	4	High 4, 4.6-4.8 (Familiar Activity)	High-Early Stage	41-60 31-40	6-7	Supervision Required	4-10 years
<b>Emerald</b>	5	5	Low 4, 4.0-4.4 (Goal-Directed Activity)	Low Early Stage	21-30	5-6	Limited Assistance	4-10 years
<b>Amber</b>	6	6	High 3, 3.6-3.8 (Manual Actions)	High Middle Stage	11-20	4-5	Limited Assistance	18 months – 3 years
<b>Amber</b>	6	6	Low 3, 3.0-3.4 (Gross Motor Actions)	Low Middle Stage	1-10	3-4	Extensive Assistance	18 months – 3 years
<b>Ruby</b>	7	7	2 (Postural Actions)	Late Stage		1-2	Total Dependence	12 – 18 months
<b>Pearl</b>	7	7	1 (Automatic Actions)	End Stage			Total Dependence	Infant

\*MCI = Mild Cognitive Impairment

To learn more about a Common Language for Dementia go to website [www.DementiaSOS.com](http://www.DementiaSOS.com)